

BUILD ON GREATNESS

CORE
HEALTH & FITNESS



CORE HEALTH & FITNESS

2016 PRODUCT CATALOG

BUILD ON GREATNESS.

When you set out to build something, the finished product is only as strong as its foundation. So when Core Health & Fitness brought together fitness brands from all corners of the industry, we settled for nothing but the best.

Star Trac. StairMaster. Nautilus. Schwinn.

Four iconic brands that pioneered entire categories, and whose machines are still the ones members ask for by name. Today, we're committed to continuing that tradition that started decades ago – and that's greatness you can feel good about building on.

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BUILD

ON GREATNESS



Arthur Jones completed the Nautilus factory, offices and studio in Lake Helen, Florida

Schwinn® founded by German Ignaz Schwinn

1895

1970

Nautilus® founded by Arthur Jones

1976

1983

StairMaster® was founded by Lanny Potts and Jim Walker

The StairMaster Gauntlet™ was released (later became known as the StepMill™, a rotating staircase machine)



1995

Schwinn launched the original "Johnny G. Spinner®"

1988

Unisen Inc. launched the Star Trac 2000, the first DC-powered commercial treadmill exclusively for health clubs



1987

Schwinn launched Indoor Cycling Program

1998

2002

Star Trac launched the Pro Series treadmills with new user-focused features such as personal fans and weight scales



1979

Unisen Inc. / Star Trac® founded in 1979 by Jim Doody, who designed electronic components for bikes



1986

The StairMaster 4000PT was introduced at IHRSA. It was the first machine which had two steps with motions independent of one another

2005

Star Trac launched new Total Body Trainers launched with Pro Steppers, completing the family look cardio line



2008

2007

Star Trac launched new E Series cardio line, complete with entertainment that offers integrated iPod® connectivity



2006

Star Trac launched Impact Strength®, Instinct® and HumanSport®

2004

Star Trac acquired Flex Fitness and their extensive strength line

2003

Star Trac launched Pro Series upright and recumbent bikes introduced with user-friendly features such as personal fans, a reading station and armrests



Nautilus and Star Trac revolutionized weight selection technology with the introduction of the ONE Dial and Lock N Load® pinless weight stacks

1997
Star Trac TR3500 treadmill launched with the first integrated water bottle holder, personal stereo, towel and reading material holder

Star Trac enters Group Cycle Market with launch of V-Bike



2001

2002



2008

Star Trac launched new embedded touch screen technology providing intuitive, motivational and rewarding interface

The StairClimber 916 (SC916) & StepMill 916 (SM916) were released



2008

Schwinn launched line of Authentic Series bikes featuring magnetic resistance

2009

Michael Bruno bought StairMaster and licensed Schwinn Indoor Cycling

2009

2009



Schwinn introduced metrics with the Wireless MPower™ Console with Power Upgrade

2010

Michael Bruno bought Star Trac

2010

Star Trac introduced the Star Trac Coach®, a personalized treadmill workout led by a professional coach

Star Trac launched the TreadClimber, offering the benefits of a treadmill, the low impact of an elliptical and the knee and hip flexion of a stepper



Star Trac licensed BoxMaster® from inventor Rai Fazio



2014

Core Health & Fitness purchased manufacturing facilities in Independence, VA and licensed Nautilus strength products

2013

2013

Schwinn unveiled its first belt bike to the market, the AC Performance Plus with Carbon Blue™

2013

2011

The StairMaster StairClimber 5 (SC5) was released

2011

2011 Core Health & Fitness was created and consolidated Star Trac and StairMaster



2014

StairMaster launched the AirFit™. Commercial quality, ideal for rehab, fitness and performance



2015

Redesigned HumanSport now under Nautilus brand

2015

Nautilus Inspiration AB developed – the first combination of Star Trac and Nautilus strength



2016

Star Trac launched Studio Series Group Cycles



2016

StairMaster launched the AirFit UB™. A commercial quality fan resistant upper body ergometer



2016

Star Trac unveiled all new cardio technology, their best platform yet, called OpenHub™

CORE HEALTH & FITNESS



OPENHUB™ FAMILY OF CONSOLES.

BUILDING ON HERITAGE THROUGH
CONTINUED INNOVATION.

When we set out to design our new console, our philosophy was simple: provide a flexible platform that connects expert partners to provide solutions for every customer for today and into the future.

Introducing the new OpenHub™ family of Cardio Consoles.

OpenHub™ is a smart, affordable, configurable solution available on Star Trac® and StairMaster® cardio equipment.

The best part is, you add (and pay for) only what you want, when you want. The future of club connectivity is here. The future is OpenHub™.

AVAILABLE ON:



Bluetooth™

CONSOLES CAN CONNECT WIRELESSLY TO PERSONAL DEVICES AS WELL AS GROUP DISPLAY AGGREGATORS

HDMI™



USB PORT PROVIDES PLUG IN FOR DEVICE CHARGING CABLES AND SIMPLE FUTURE FIRMWARE UPDATES

IPTV



EMBEDDED TV. STREAMING VIDEO. 800/900MHz RECEIVERS. ADD-ON PVS. IT'S ALL POSSIBLE.



ECOFIT™
NETWORKED FITNESS

ASSET MANAGEMENT AND MORE WITH INDUSTRY LEADING PROVIDERS

THREE OPTIONS



15" TOUCH SCREEN

10" TOUCH SCREEN

LCD SCREEN

FEATURES

	15" TOUCH SCREEN	10" TOUCH SCREEN	LCD SCREEN
BLUETOOTH	●	●	●
ANT+	●	●	●
USB PORT	●	●	●
HDMI PORT	●	○	○
PERSONAL FAN	●	●	●
TV TUNER (GLOBAL)	●		
INTEGRATED SERVICE LIGHT	●	●	●
NETPULSE	●		
800/900mHz RECEIVER		○	○
ADD-ON PERSONAL VIEWING SCREEN		○	○

○ OPTIONAL

FEATURED PARTNERS:



Netpulse, Virtual Active, ECOFIT, Fitness EMS, Varian, School Dude, Facility Dude, ANT+, Wahoo Fitness, Nike+, Strava, Endomondo, Bluetooth, mapmyrun, mapmyfitness, Performance IQ, and MyZone are registered trademarks and or service marks owned by other companies not affiliated with Core Health & Fitness LLC and are not owned by Core Health & Fitness LLC.



Entertainment

Add-on PVS Kit

Our 8-Series LCD and 10" display units, and all of our S-Series cardio products are pre-wired to accept an add-on 15.6" HD Personal Viewing Screen. The PVS mounts seamlessly to the product, and an integrated control keypad inserts into the front of the cardio display for easy control.

8 Series Entertainment Receivers

Wireless Audio Receiver

Optional Integrated 800/900 MHz wireless receivers have Worldwide system compatibility and provide audio from any ceiling or wall mounted TV. (Requires wireless audio transmitter).

8 Series Special Features

Streaming from Personal Devices

Our 15" embedded console and our PVS add-on displays for 8-Series allow users to stream content from their personal device to the screen. This requires an HDMI connection to our integrated HDMI port using a cable appropriate for a user's personal device, be it Apple, Android or other (cables not included).

Personal Device Storage

Over 70% of cardio users are carrying a personal device with them, and most will use this device for entertainment while exercising. Our display has a standard tray and shelf that will allow users to store and access their device, or prop it up for viewing on the display.

Optional Tablet Holder

Hub Cap

For an even better solution for users who want to view video content on their personal device while exercising, we offer the optional tablet holder that can be added to the top of any OpenHub™ console. Able to hold tablets up to 10.1" diagonal screen size, the tablet holder puts the user's personal entertainment in the ideal position for viewing, while holding it secure.





CARDIO

With **Star Trac®**, we're with you and your members at every step. And it goes beyond providing cardio products. It's about solutions designed around users to help mold lifelong habits for health and fitness. For facility operators, it's about **relationships that are just as strong and enduring as the equipment that bears our name.**

YOUR RUNNING PARTNER



STAR TRAC® PRODUCTS

Treadmills

TreadClimber

Ellipticals

Upright Bikes

Recumbent Bikes

Studio Bikes



STARTRAC.COM







8 Series Cardio

Our dedication to innovation has led us to search for new ways to offer the best user experience possible, and nowhere is the effort more evident than in our 8 Series Cardio. With four decades of experience and a history of innovation behind the 8 series, it is sure to give you the quality and performance you expect from a high end machine, with an all new level of functionality.

Built in are the user focused features you have come to expect from Star Trac, like dual personal fans, a hot bar with heart rate monitoring and Soft Trac[®] technology. The 8 series comes with a variety of new connectivity options in the form of the OpenHub[™] console. OpenHub[™] consoles provide entertainment, fitness tracking and asset management solutions that will offer a complete fitness experience to facility owners and their members.



Choose from a variety of flexible OpenHub[™] console options



Soft Trac[®] triple cell deck suspension systems offers superior shock absorption



Convenience features like water bottle holders, media trays & personal fans



8-TRx Treadmill Model 8TRx

Overall Weight - 477 lbs (216 kg)

Running Surface - 60" x 21.5" (152 x 54.6 cm)

Width - 36" (91 cm)

Length - 85" (215 cm)

Height - 63" (160 cm)

- Easily accessible Hot Bar® is located closer to the user with one-finger speed and elevation controls, integrated stop button and contact heart rate grips
- Star Trac Coach® provides over 1 million possible workouts ensuring a different workout every time—taking the ordinary treadmill experience to a new level of engagement never seen before
- Star Trac's popular personal fans create a more rewarding workout
- Soft Trac® triple cell cushioning system provides maximum shock absorption making the entire deck a sweet spot
- 20% max incline | 15 mph max speed
- 21.5" (54.6 cm) wide belt
- 10" (25.4 cm) step-up height
- User weight capacity of 500 lbs (227 kg)
- Lighter weight aluminum frame

When designing the new 8-TRx, we started with the most solid foundation you could have – more than 20 years of treadmill superiority. And while most would have been content in making subtle improvements to an already proven design, we set out to create the ultimate marriage of user experience, benefits, desires and features ever put under foot. The result is nothing short of impressive.

The 8-TRx offers standard quick key controls, enabling users to quickly adjust speed and incline with a single button push. With conveniently close Hot Bar® controls, patented deck suspension system and increased incline specs, the 8-TRx has all the features and design elements users have longed for.

Console Options



PVS (for LCD & 10")



15" Embedded Touchscreen



10" Touchscreen

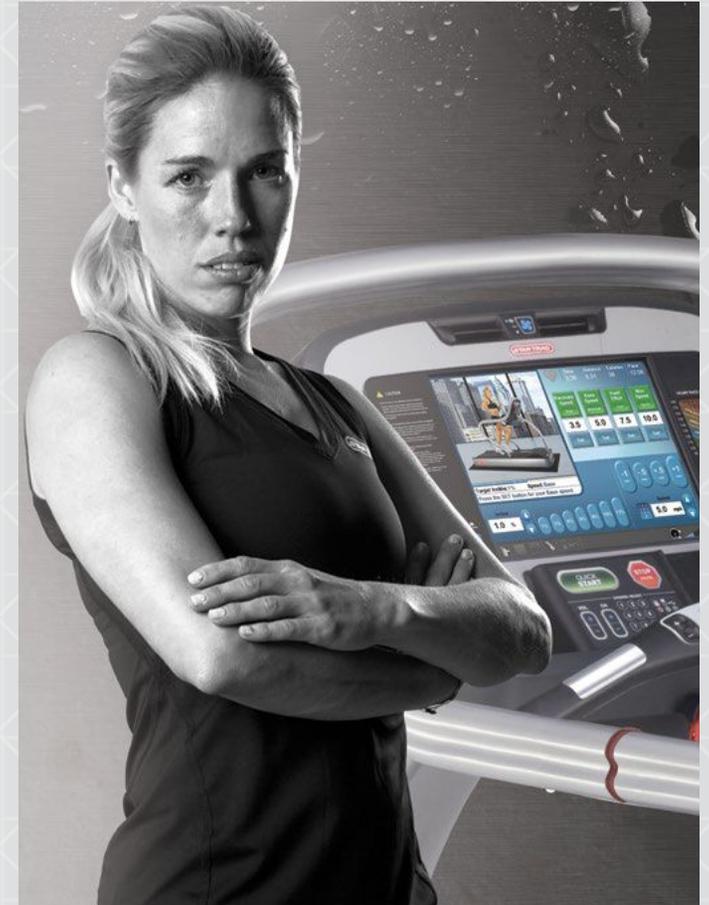


LCD

Star Trac Coach®

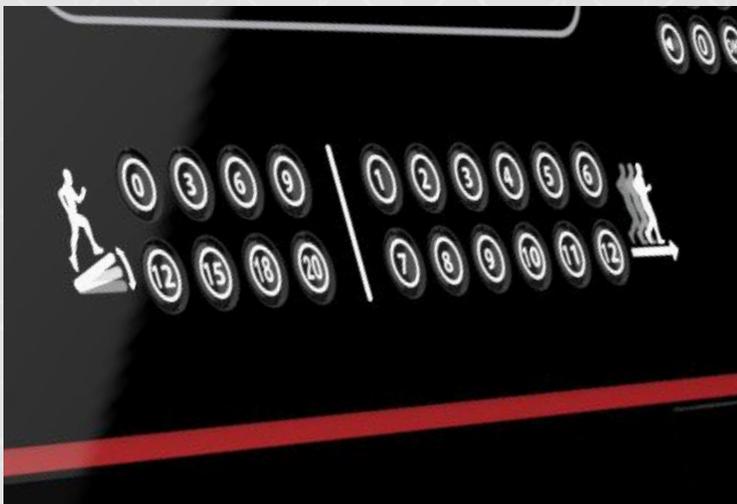
The Star Trac Coach® is a personalized treadmill workout led by a professional coach. Whether you're a competitive runner or a daily walker, the Star Trac Coach helps you maximize your treadmill workout.

Over 1 million possible workouts ensure a different training experience every time. With the push of a few simple buttons, runners and walkers can create a treadmill workout with varying intensity, terrain and endurance levels sure to provide an efficient, effective and encouraging workout. To further enhance the user experience, the Star Trac Coach allows users to select their own background music from their personal device, a USB stick or the built-in sound track. This revolutionary technology is exclusively available on Star Trac's 8 Series embedded screen treadmills. The Star Trac Coach takes the ordinary treadmill experience to a new level of engagement never seen before!



Quick Key Selection

Quickly adjust speed and incline with the easy quick key selection, available on all OpenHub™ consoles. Members can quickly navigate the treadmill controls and adjust their workout with a row of large buttons on the LCD console or through a radial menu with touch controls on the 15" and 10" touch screen. This user-friendly feature allows for easy adjustment to the workout while in motion.





8-TR Treadmill

Model 8TR

Overall Weight - 576 lbs (261 kg)

Running Surface - 60" x 21.5" (152 x 54.6 cm)

Width - 32" (81 cm)

Length - 81" (206 cm)

Height - 60" (152 cm)

- Pre-wired for 8 Series Personal Viewing Screen entertainment system
- User-friendly console and keypad feature a large service scrolling message window, user-specific workout programs, a dedicated heart rate display, Polar® telemetry and multiple cup and accessory holder
- Soft Trac® triple cell cushioning system provides maximum shock absorption
- 5 HP AC Motor
- Star Trac's popular personal fans create a more rewarding workout
- 21.5" (54.6 cm) wide belt
- 9" (22.8 cm) step-up height
- User weight capacity 500 lbs (227 kg)

Two decades of treadmill design leadership have positioned us for success with multiple models to meet the needs of every market segment. When you're looking for a full commercial treadmill experience with a budget in mind, the 8-TR is a great place to start.

We've simplified the display but kept all the features that matter most to the end user. From the patented deck suspension system, to the popular personal fans, to the intuitive user interface, all the commercial features are on board. Combine these features with the safety elements designed into all Star Trac products and you have a winning design that meets the needs of the value treadmill user.

Console Options



PVS (for LCD
& 10")



10"
Touchscreen



LCD

8-TC TreadClimber® by Star Trac

Model 8TC

Step-Up Height - 12" (31 cm)

Overall Weight - 719 lbs (326 kg)

Width - 36" (91 cm)

Length - 83" (211 cm)

Height - 83" (211 cm)

- Patented design and movement pattern maximize both caloric burn and motivate users to work harder burning up to 2 times more calories than walking on a flat treadmill at the same speed
- User defined dual ramping decks provide an incline to flat step pattern capturing all the benefits of a treadmill, elliptical and stepper
- Easily accessible Hot Bar® with one-finger speed and level controls, integrated stop button and contact heart rate grips
- Treadle belt width 52" x 9" (132 x 23 cm) x 2
- 5 HP AC Motor
- Star Trac's popular personal fans create a more rewarding workout
- User weight capacity 350 lbs (159 kg)



Console Options



PVS (for LCD & 10")



15" Embedded Touchscreen



10" Touchscreen



LCD

Imagine the best features of a treadmill, elliptical and stepper combined into one machine. The TreadClimber® by Star Trac is just that, with the benefits of a treadmill, the low impact of an elliptical and the knee and hip flexion of a stepper targeting the glutes and thighs. The TreadClimber by Star Trac is a new category for your cardio floor.

Whether you are a beginner or an athlete the TreadClimber by Star Trac will give you a great workout. With 5 levels of ramp intensity and multiple speeds this product will give you the right position and treadle drop rate to get a tremendous workout while burning up to two times the amount of calories. The TreadClimber by Star Trac offers an unparalleled improvement in lower body and coordination.



8-CT Cross Trainer

Model 8CT

Step-Up Height - 7" (18 cm)

Overall Weight - 456 lbs (207 kg)

Width - 30" (76 cm)

Length - 76" (193 cm)

Height - 72" (182 cm)

- Soft Trac® pedals provide ultimate shock-absorbing comfort throughout the entire workout
- Efficient footprint and approachable, stable platform with minimal step-up height for easy access from all angles
- Star Trac's popular personal fans create a more rewarding workout
- User weight capacity of 350 lbs (159 kg)

We like to think of it as one machine that actually does everything well. Elliptical training has become second only to treadmill training in facilities across the globe and it has become one of the most important cardio categories in the eyes of many clients. Finding the right motion, creating user-centric safety features and offering the industry's best entertainment solutions was paramount in our Cross Trainer design.

The breakthrough begins with an ingenious rear approach open-step design that gives you the safest possible entry and exit on and off the product. The pedal placement design offers a best in class Q factor for enhanced biomechanics and our Soft Trac® pedal insures maximum comfort throughout the training session. The result is a better, more effective and more efficient workout.

Console Options



PVS (for LCD & 10")



15" Embedded Touchscreen



10" Touchscreen



LCD

8-UB Upright Bike

Model 8UB

Overall Weight - 152 lbs (69 kg)

Width - 25" (64 cm)

Length - 51" (130 cm)

Height - 58" (147 cm)

- Dual platform pedals with ratcheting straps provide user with option for secure hold or strap-free platform workout
- Dynamic Heart Rate Control® adjusts intensity level based on the user's heart rate for interval training
- Easy-up seat adjust for simple seat position changes
- Star Trac's popular personal fans create a more rewarding workout
- Morse Taper bottom bracket and pedal system for extreme durability
- Light weight aluminum frame for maximum corrosion protection
- User weight capacity of 350 lbs (159 kg)



Console Options



PVS (for LCD & 10")



15" Embedded Touchscreen



10" Touchscreen



LCD

A gym standard that looks, feels and rides like anything but one. Take a classic, reliable standby category and give it a healthy dose of reliability, style and energy – that's what you'll find with each and every one of our upright bikes. From the ultra reliable, Morse Taper bottom bracket, to the eye-catching modern design, this upright delivers numerous intuitive, user-friendly and comfortable features. One word you'll never hear used to describe our bikes is "ordinary."



8-RB Recumbent Bike

Model 8RB

Overall Weight - 189 lbs (86 kg)

Width - 28" (71 cm)

Length - 66" (167 cm)

Height - 52" (132 cm)

- Dual platform pedals with ratcheting straps provide users with the option for a secure hold or a strap-free platform workout
- Star Trac's popular personal fans create a more rewarding workout
- Contoured backrest for increased airflow and comfort
- Improved shroud design to ease service
- Armrests alleviate tension in the shoulders and allow for a more relaxed posture
- Morse Taper bottom bracket and pedal system for extreme durability
- User weight capacity of 350 lbs (159 kg)
- Telescoping hand grips adjust to fit every user and allow access to the contact HR.
- Light weight aluminum frame for maximum corrosion protection

Easy and comfortable. How do you improve on an already great recumbent bike experience? You make it as comfortable as a great chair. You start by making sure it features the same Morse Taper bottom bracket and pedal system that is unique to Star Trac bikes. That's exactly what we did. Then, we kept going with a modern iconic design offering the industry's most comfortable back rest, a walk-through frame design, heart rate bar and adjustable reading station, dual-platform pedals and Star Trac's signature personal fans. The result— a recumbent bike that's the coolest looking and feeling ride on the floor.

Console Options



PVS (for LCD & 10")



15" Embedded Touchscreen



10" Touchscreen



LCD





S Series Cardio

S is for simple, solution, or smart, but one thing S will never stand for is sacrifice. Designed specifically for those looking for solid, commercial-quality operation at an exceptional value, our S Series doesn't cut corners – it actually sets new standards for what a cardio line should be.

Featuring all of Star Trac's popular user-focused features like adjustable personal fans, easy-up and wrap-around seat adjusts and dual-platform pedals, the S Series gives you many of the features you'd never expect to find for the price. And then it goes beyond with components like our large LED display with oversized buttons and text, providing the easiest and most intuitive operation available.



PVS Available

S-TRc Treadmill

Model S-TRc

Overall Weight - 533 lbs (242 kg)

Running Surface - 60" x 21.5" (152 x 54.6 cm)

Width - 32" (81 cm)

Length - 81" (206 cm)

Height - 58" (147 cm)

- Pre-wired for S Series Personal Viewing Screen entertainment system
- User-friendly console and keypad feature a large service scrolling message window, user-specific workout programs including a motivational track, a dedicated heart rate display, Polar® telemetry, and multiple cup and accessory holder
- Soft Trac® triple cell cushioning system provides maximum shock absorption
- 5 HP AC Motor
- Star Trac's popular adjustable personal fans create a more rewarding workout
- 21.5" (54.6 cm) wide belt
- 7" (17.7 cm) step-up height
- User weight capacity 500 lbs (227 kg)



PVS Available

S-TRx Treadmill

Model S-TRx

Overall Weight - 514 lbs (233 kg)

Running Surface - 60" x 21.5" (152 x 54.6 cm)

Width - 32" (81 cm)

Length - 81" (206 cm)

Height - 58" (147 cm)

- Pre-wired for S Series Personal Viewing Screen entertainment system
- User-friendly console and keypad feature a large service scrolling message window, user-specific workout programs including a motivational track, a dedicated heart rate display, Polar® telemetry, and multiple cup and accessory holder
- Soft Trac® triple cell cushioning system provides maximum shock absorption
- 3 HP DC Motor
- Star Trac's popular adjustable personal fans create a more rewarding workout
- 21.5" (54.6 cm) wide belt
- 7" (17.7 cm) step-up height
- User weight capacity of 350 lbs (159 kg)



PVS Available

S-CTx Cross Trainer

Model S-CTx

Overall Weight - 483 lbs (219 kg)

Step-Up Height - 7" (18 cm)

Width - 30" (76 cm)

Length - 76" (193 cm)

Height - 72" (183 cm)

- Pre-wired for S Series Personal Viewing Screen entertainment system
- User-friendly console and keypad feature a large service scrolling message window, user-specific workout programs including a motivational track, a dedicated heart rate display, Polar® telemetry, and multiple cup and accessory holder
- Efficient footprint and approachable, stable platform with minimal step-up height for easy access from all angles
- Star Trac's popular adjustable personal fans create a more rewarding workout
- Soft Trac® pedals provide ultimate shock-absorbing comfort throughout the entire workout
- User weight capacity of 350 lbs (159 kg)



PVS Available

S-UBx Upright Bike

Model S-UBx

Overall Weight - 157 lbs (71 kg)

Width - 23" (58 cm)

Length - 46" (117 cm)

Height - 57" (145 cm)

- Pre-wired for S Series Personal Viewing Screen entertainment system
- User-friendly console and keypad feature a large service scrolling message window, user-specific workout programs including a motivational track, a dedicated heart rate display, Polar® telemetry, and multiple cup and accessory holder
- Dual sided platform pedals with inline skate-style straps provides user with option for secure hold or strap-free platform workout
- Easy-up seat adjust for simple seat position changes
- Star Trac's popular personal adjustable fan creates a more rewarding workout
- Morse Taper bottom bracket and pedal system
- User weight capacity of 350 lbs (159 kg)



PVS Available

S-RBx Recumbent Bike

Model S-RBx

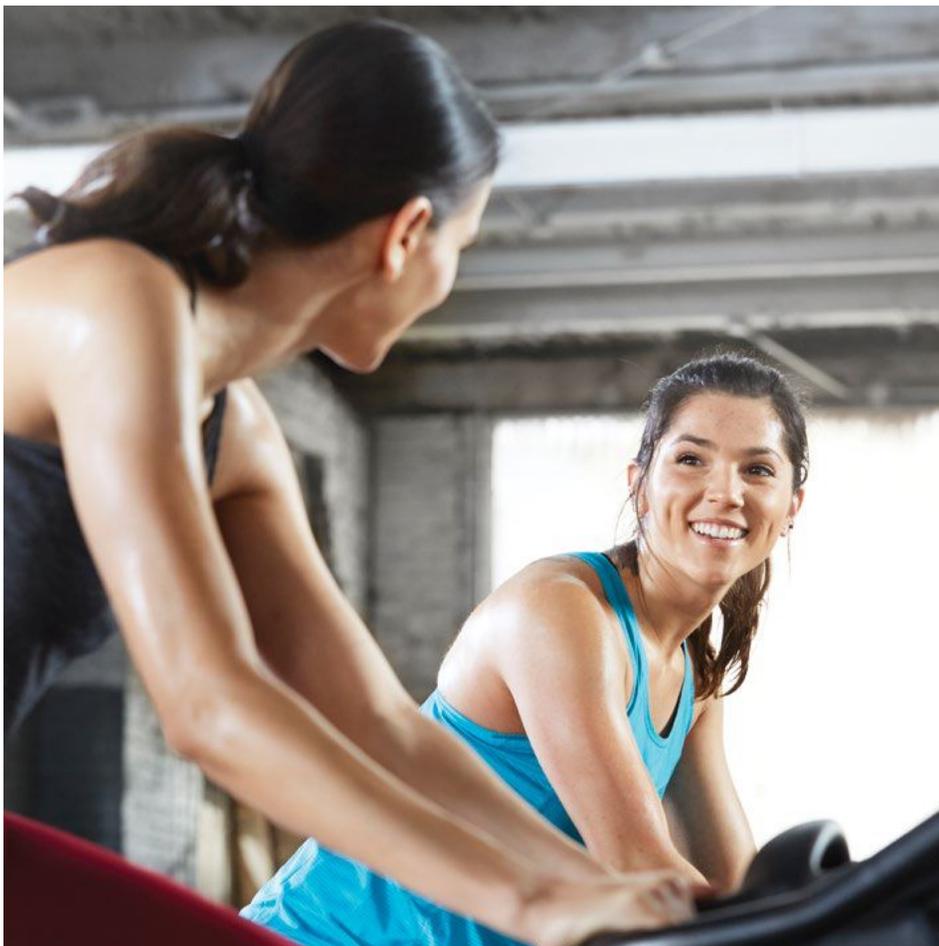
Overall Weight - 212 lbs (96 kg)

Width - 26" (66 cm)

Length - 66" (168 cm)

Height - 53" (135 cm)

- Pre-wired for S Series Personal Viewing Screen entertainment system
- User-friendly console and keypad feature a large service scrolling message window, user-specific workout programs including a motivational track, a dedicated heart rate display, Polar® telemetry, and multiple cup and accessory holder
- Walk-through design and intuitive wrap-around seat adjust allow users to access and change seat position with ease
- Dual sided platform pedals with inline skate-style straps provides user with option for secure hold or strap-free platform workout
- Armrests alleviate tension in the shoulders and allow for a more relaxed posture
- Improved shroud design for ease of service access
- Wrap-around seat adjust provides an intuitive handle for simple seat position changes
- Star Trac's popular personal adjustable fan creates a more rewarding workout
- Morse Taper bottom bracket and pedal system
- User weight capacity of 350 lbs (159 kg)



Studio Series

The Star Trac® Studio bikes combine user-focused features, best-in-class biomechanics and a high degree of adjustability to deliver the optimal bike fit for riders of all shapes, sizes and abilities. To maintain uncompromising quality ride after ride, Studio bikes also feature a patent pending bottom bracket that exceeds industry standards, rust-defying materials and rock solid construction.

The Star Trac Studio Series workshop is a comprehensive overview to the Studio Series cycles, riding technique, class design and more. Workshops are taught by indoor cycling professionals with experience with leading facilities and demanding clients. Each full day workshop is structured around providing attendees with tools they can put to use the next day and beyond.

Website:
startrac.com/studioseries



Micro fore and aft adjustment with multi-position handlebars



Find your perfect riding position with easy micro seat adjustments



Lightweight, powder-coated, aluminum frame



Heavy perimeter weighted flywheel & smooth poly-v belt drive



Studio 7

Model 7290

Weight - 120 lbs (55 kg)

Flywheel Weight - 41 lbs (18.6 kg)

Width - 21" (53 cm)

Length - 57" (144 cm)

Height - 40" (102 cm)

- Micro fore and aft adjustment with multi-position handlebars
- Find your perfect riding position with easy micro seat adjustments
- Lightweight, powder-coated, aluminum frame
- Heavy perimeter weighted flywheel powered by a smooth and whisper quiet poly-v belt drive
- Morse taper pedals with toe cage and SPD clips
- Compatible with Star Trac Group Cycling Computer
- *Frame: Metallic Charcoal or Candy Apple Red (shown here)





Studio 5

Model 7280

Weight - 134 lbs (61 kg)

Flywheel Weight - 41 lbs (18.6 kg)

Width - 21" (53 cm)

Length - 54" (137 cm)

Height - 40" (102 cm)

- Micro fore and aft adjustment with multi-position handlebars
- Find your perfect riding position with easy micro seat adjustments
- Sturdy and durable forged steel frame with rust resistant powder coating
- Heavy perimeter weighted flywheel powered by a smooth and whisper quiet poly-v belt drive
- Morse taper pedals with toe cage and SPD clips
- Compatible with Star Trac Group Cycling Computer



Studio 3

Model 7270

Weight - 130 lbs (59 kg)

Flywheel Weight - 41 lbs (18.6 kg)

Width - 22.5" (57 cm)

Length - 50" (127 cm)

Height - 44" (112 cm)

- Open styled multi position handlebars
- Sturdy and durable forged steel frame with rust resistant powder coating
- Heavy perimeter weighted flywheel powered by a traditional chain drive
- Standard flat pedal; Triple Link compatible
- Compatible with Group Cycling Computer

STUDIO SERIES



STUDIO 7

STUDIO 5

STUDIO 3

FEATURES	ALUMINUM FRAME	●		
	STEEL FRAME		●	●
	POLY V BELT DRIVE	●	●	
	CHAIN DRIVE			●
	MORSE TAPER PEDALS W/ SPD CLIPS	●	●	
	STANDARD FLAT PEDALS			●
	HEAVY PERIMETER WEIGHTED FLY WHEEL	●	●	●
	SEAT ADJUSTMENT	●	●	●
	HANDLEBAR FORE AFT ADJUSTMENT	●	●	
	STAR TRAC SIMPLE COMPUTER COMPATIBILITY	●	●	●



Star Trac Group Cycling Computer

Complete the package by incorporating the most popular tools for rider feedback -- time, distance, calories and RPM -- into your ride. Our console brings motivation and measurement to the group cycling studio and is compatible with all Studio bikes. A compact display that is easy to use and easy to read, makes a great bike even better.

8 Series 8-TRx Treadmill

Model	8TRx	
Overall Dimensions	85" l x 36" w x 63" h (215 x 91 x 160 cm)	
Overall Weight	477 lbs (216 kg)	
User Weight Capacity	500 lbs (227 kg)	
Running Surface Length	60" l x 21.5" w (152 x 54.6 cm)	
Step-up Height	10" (25.5 cm)	
Frame	Custom aluminum uniframe	
Motor	Drive: 5 HP AC	
Electrical	110 volt, dedicated NEMA 5-20 cord (20 amp); 220 volt, dedicated NEMA 6-15 cord (15 amp) (optional)	
Certification	UL/CSA, CE, FCC, or CISPR	
Suspension	SoftTrac® triple cell neoprene rubber, Deck System: Reversible 1" (2.5 cm) composite fiberboard, waxing not required	
Rollers	3.5" (9 cm) sealed bearings	
Colors	Frame: Star Trac Silver, Shrouds: Slate Gray, Accents: Black	
Incline	Range: 0 to 20% in 0.5% increments	
Speed Range	0.5 to 15 mph (0.8 to 24 km/h) in 0.1 mph (0.1 km/h) increments	
HR Monitoring	Polar® Telemetry and Contact Heart Rate System	
Readouts	Dedicated: Speed and incline, time elapsed, calories, calories/hour, pace (min/mile or km), distance, course profile, heart rate, heart rate tracking, laps completed	Dedicated: Speed and incline, time elapsed, calories, distance, course profile, heart rate; Scrolling: Time remaining, vertical distance traveled, laps completed, pace (min/mile or km), calories/hour, 1/4-mile motivational track
Standard Features	Hot Bar® controls, personal entertainment system, personal cooling fans, CSAFE data port, dedicated heart rate display, safety lockout control, FitLinxx® certified	

8 Series 8-TR Treadmill

Model	8TR	
Overall Dimensions	81" l x 32" w x 60" h (206 x 81 cm x 152 cm)	
Overall Weight	576 lbs (261 kg)	
User Weight Capacity	500 lbs (227 kg)	
Running Surface Length	60" l x 21.5" w (152 x 54.6 cm)	
Step-up Height	9" (22.86 cm)	
Frame	Custom powder-coated steel uniframe	
Motor	5 HP AC	
Electrical	110 volt, dedicated NEMA 5-20 cord (20 amp); 220 volt, dedicated NEMA 6-15 cord (15 amp) (optional)	
Certification	UL/CSA, CE, FCC, or CISPR	
Suspension	SoftTrac® triple cell neoprene rubber, Deck System: Reversible 1" (2.5 cm) composite fiberboard, waxing not required	
Rollers	3.5" (9 cm) sealed bearings	
Colors	Frame: Star Trac Silver, Shrouds: Slate Gray, Accents: Black	
Incline	0 to 15% in 0.5% increments	
Speed Range	0.5 to 12.5mph (0.8 to 20 km/h) in 0.1 mph (0.1 km/h) increments	
HR Monitoring	Polar® Telemetry and Contact Heart Rate System	
Readouts	Dedicated: Speed and incline, time elapsed, calories, calories/hour, pace (min/mile or km), distance, course profile, heart rate, heart rate tracking, laps completed	Dedicated: Time, distance, incline, speed, heart rate, 1/4-mile motivational track, profile; Scrolling: calories, METs, course profile
Standard Features	Hot Bar® controls, personal entertainment system, personal cooling fans, CSAFE data port, dedicated heart rate display, safety lockout control, FitLinxx® certified	

8 Series TreadClimber® By Star Trac

Model	8TC
Overall Dimensions	83" l x 36" w x 83" h (211 x 91 cm x 211 cm)
Overall Weight	719 lbs (270 kg)
User Weight Capacity	350 lbs (159 kg)
Walking Surface Length	9" (22.86 cm) belt width x2
Step-up Height	12" (30.5 cm)
Frame	Custom powder-coated steel uniframe
Motor	5 HP AC
Electrical	110 volt, dedicated NEMA 5-20 cord; 220 volt, dedicated NEMA 6-15 cord (optional)
Certification	UL/CSA, CE, FCC, or CISPR
Rollers	3.5" (9 cm) sealed bearings
Colors	Frame: Star Trac Silver, Shrouds: Slate Gray, Accents: Black
Resistance	5 levels of intensity
Speed Range	0.5 to 6.0 mph (0.8 to 9.7 km/h) in 0.1 mph (0.1 km/h) increments
HR Monitoring	Polar® Telemetry and Contact Heart Rate System
Readouts	Dedicated: Time, distance, incline, speed, heart rate, profile; Scrolling: calories, METs, course profile
Standard Features	Personal cooling fans, dedicated heart rate display, Entertainment Solutions Ready, Safety Lanyard and CSAFE data port

8 Series Cross Trainer

Model	8CT	
Overall Dimensions	76" l x 30" w x 72" h (193 x 76 x 183 cm)	
Overall Weight	456 lbs (207 kg)	
User Weight Capacity	350 lbs (159 kg)	
Distance Between Pedals	2.25" (5.72 cm)	
Step-up Height	7" (17.8 cm)	
Pedal Size	17.5" l x 8" w (45 x 20 cm), open ended	
Stride Length	18" (45.7 cm)	
Electrical	110 volt NEMA 5-15 cord; 220 volt NEMA 6-15 cord (optional) Self-contained power supply for base unit. External power supply provided for entertainment system	
Certification	UL/CSA, CE, FCC, or CISPR	
Colors	Star Trac Silver, Shrouds: Slate Gray, Accents: Black	
HR Monitoring	Polar® Telemetry and Contact Heart Rate System	
Readouts	Dedicated: Time, strides per minute, heart rate, course profile, resistance level, calories, calories/hour, watts, distance, speed	Dedicated: Time, strides per minute, heart rate, course profile, resistance level, 1/4-mile motivational track; Scrolling: Calories, calories/hour, watts, distance, speed, METs
Resistance	20 levels of intensity	
Standard Features	Personal entertainment system, personal cooling fans, SoftTrac® pedals, dedicated heart rate display, FitLinxx® certified and CSAFE data port	

8 Series Upright Bike

Model	8UB	
Overall Dimensions	51" l x 25" w x 58" h (122 x 64x 147 cm)	
Overall Weight	152 lbs (69 kg)	
User Weight Capacity	350 lbs (159 kg)	
Pedals/Crank	Morse Taper bottom bracket, dual-sided pedal, extra long 14" pedal straps with inline skate-style clip	
Frame	Custom aluminum frame	
Electrical	110 volt NEMA 5-15 cord; 220 volt NEMA 6-15 cord (optional) Self-contained power supply for base unit. External power supply provided for entertainment system	
Certification	UL/CSA, CE, FCC, or CISPR	
Colors	Star Trac Silver, Shrouds: Slate Gray, Accents: Black	
HR Monitoring	Polar® Telemetry and Contact Heart Rate System	
Resistance	20 levels of intensity	
Readouts	Dedicated: Time, strides per minute, heart rate, course profile, resistance level, calories, calories/hour, watts, distance, speed	Dedicated: Time, strides per minute, heart rate, course profile, resistance level, 1/4-mile motivational track; Scrolling: Calories, calories/hour, watts, distance, speed, METs
Standard Features	Personal cooling fans, easy ratchet seat adjust, rubber comfort racing position, FitLinxx® certified and CSAFE data port	

8 Series Recumbent Bike

Model	8RB	
Overall Dimensions	66" l x 28" w x 52" h (167 x 71 x 132 cm)	
Overall Weight	189 lbs (86 kg)	
User Weight Capacity	350 lbs (159 kg)	
Pedals/Crank	Morse Taper bottom bracket, dual-sided pedal, extra long 14" pedal straps with inline skate-style clip	
Frame	Custom aluminum frame	
Electrical	110 volt NEMA 5-15 cord; 220 volt NEMA 6-15 cord (optional) Self-contained power supply for base unit. External power supply provided for entertainment system	
Certification	UL/CSA, CE, FCC, or CISPR	
Colors	Star Trac Silver, Shrouds: Slate Gray, Accents: Black	
HR Monitoring	Polar® Telemetry and Contact Heart Rate System	
Resistance	20 levels of intensity	
Readouts	Dedicated: Time, strides per minute, heart rate, course profile, resistance level, calories, calories/hour, watts, distance, speed	Dedicated: Time, strides per minute, heart rate, course profile, resistance level, 1/4-mile motivational track; Scrolling: Calories, calories/hour, watts, distance, speed, METs
Standard Features	Personal cooling fans, easy ratchet seat adjust, rubber comfort racing position, FitLinxx® certified and CSAFE data port	

S Series Treadmill

Model	S-TRc	S-TRc with PVS	S-TRx	S-TRx with PVS
Overall Dimensions	81" l x 32" w x 58" h (206 x 81 x 147 cm)	81" l x 32" w x 73" h (206 x 81 x 185 cm)	81" l x 32" w x 58" h (206 x 81 x 147 cm)	81" l x 32" w x 73" h (206 x 81 x 185 cm)
Overall Weight	533 lbs (242 kg)	550 lbs (250 kg)	514 lbs (233 kg)	533 lbs (242 kg)
User Weight Capacity	500 lbs (227 kg)			
Running Surface Length	60" x 21.5" (152 x 54.6 cm)			
Step-up Height	7" (17.8 cm)			
Frame	Custom powder-coated steel uniframe			
Motor	5 HP AC		3 HP DC	
Electrical	110 volt, dedicated NEMA 5-20 cord; 220 volt (20 amp), dedicated NEMA 6-15 cord (15 amp) (optional)			
Certification	UL/CSA, CE, FCC, or CISPR			
Suspension	SoftTrac® triple cell neoprene rubber, Deck System: Reversible 1" (2.5 cm) composite fiberboard, waxing not required			
Rollers	3.5" (9 cm) sealed bearings			
Colors	Frame: Star Trac Silver, Shrouds: Slate Gray, Accents: Black			
Incline	0 to 15% in 0.5% increments			
Speed Range	0.5 to 12.5 mph (0.8 to 20 km/h) in 0.1 mph (0.1 km/h) increments			
HR Monitoring	Polar® Telemetry and Contact Heart Rate System			
Display	Intuitive, tactile response keypad with LED technology			
Programs	13 programs including Dynamic Heart Rate Control®, Constant Heart Rate Control, Quick Start, Burn Calories, Manual, Increase Endurance, Fitness Test (Modified Balke Ware)			
Readouts	Large 8-character message window; Dedicated: Time, distance, incline, speed, heart rate, 1/4-mile motivational track, profile; Scrolling: calories, METs, course profile		Large 4-character message window; Dedicated: Time, distance, incline, speed, heart rate, 1/4-mile motivational track, profile; Scrolling: calories, METs, course profile	
Standard Features	Personal cooling fan, dedicated heart rate display, Entertainment Solutions Ready, Safety Lanyard, and CSAFE data port.			
Entertainment	Pre-wired for S Series entertainment system	S Series PVS entertainment system which includes 15.6" (39.6 cm) high definition LCD screen, NTSC/ATSC/QAM digital tuner or PAL/SECAM tuner, integrated 30-pin iPod® connector, coaxial cable connector at base	Pre-wired for S Series entertainment system	S Series PVS entertainment system which includes 15.6" (39.6 cm) high definition LCD screen, NTSC/ATSC/QAM digital tuner or PAL/SECAM tuner, integrated 30-pin iPod® connector, coaxial cable connector at base

S Series Cross Trainer

Model	S-CTx	S-CTx with PVS
Overall Dimensions	76" l x 30" w x 70" h (193 x 76 x 178 cm)	89.5" l x 30" w x 72" h (227 x 76 x 183 cm)
Overall Weight	483 lbs (219 kg)	505 lbs (229 kg)
User Weight Capacity	350 lbs (159 kg)	
Distance Between Pedals	2.25" (5.72 cm)	
Step-up Height	7" (17.8 cm)	
Pedal Size	17.5" l x 8" w (45 x 20 cm), open ended	
Electrical	Self-contained power supply, no external power needed. AC adapter is available for an upgrade	
Certification	UL/CSA, CE, FCC, or CISPR	
Colors	Star Trac Silver, Shrouds: Slate Gray, Accents: Black	
HR Monitoring	Polar® Telemetry and Contact Heart Rate System	
Resistance	20 levels of intensity	
Display	Intuitive, tactile response keypad with LED technology	
Programs	10 programs including Quick Start, Dynamic Heart Rate Control®, Constant Heart Rate Control	
Readouts	4-character message window; Dedicated: Time, Heart Rate, Motivational Track, Profile Scrolling: Calories, Watts, Distance, Speed, METs	
Standard Features	Personal cooling fan, dedicated heart rate display, pre-wired for Star Trac entertainment solution, SoftTrac® pedals, and CSAFE data port.	
Entertainment	Pre-wired for S Series entertainment system	S Series PVS entertainment system which includes 15.6" (39.6 cm) high definition LCD screen, NTSC/ATSC/QAM digital tuner or PAL/SECAM tuner, integrated 30-pin iPod® connector, coaxial cable connector at base

S Series Upright Bike

Model	S-UBx	S-UBx with PVS
Overall Dimensions	48" l x 25" w x 57" h (122 x 64 x 145 cm)	48" l x 25" w x 72" h (122 x 64 x 183 cm)
Overall Weight	157 lbs (71 kg)	163 lbs (74 kg)
User Weight Capacity	350 lbs (159 kg)	
Pedals/Crank	Morse Taper bottom bracket, dual-sided pedal, extra long 14" pedal straps with inline skate-style clip	
Frame	Custom steel frame	
Electrical	Self-contained power supply, no external power needed. AC adapter is available for an upgrade	
Certification	UL/CSA, CE, FCC, or CISPR	
Colors	Frame: Star Trac Silver, Shrouds: Slate Gray, Accents: Black	
HR Monitoring	Polar® Telemetry and Contact Heart Rate System	
Resistance	20 levels of intensity	
Display	Intuitive, tactile response keypad with LED technology	
Programs	10 programs including Dynamic Heart Rate Control®, Constant Heart Rate Control, Quick Start, Manual, Burn Calories, Increase Endurance, Burn Fat, Calorie Goal, Distance Goal, Fitness Test	
Readouts	4-character message window, Dedicated: Time, RPM, distance, heart rate, motivational track, course profile, resistance level, Scrolling: Calories/METs (automatic toggle)	
Standard Features	Personal cooling fan, dedicated heart rate display, easy ratchet seat adjust, rubber comfort racing position, oversize font on display, and CSAFE data port.	
Entertainment	Pre-wired for S Series entertainment system	S Series PVS entertainment system which includes 15.6" (39.6 cm) high definition LCD screen, NTSC/ATSC/QAM digital tuner or PAL/SECAM tuner, integrated 30-pin iPod® connector, coaxial cable connector at base

S Series Recumbent Bike

Model	S-RBx	S-RBx with PVS
Overall Dimensions	66" l x 25" w x 53" h (168 x 64 x 135 cm)	66" l x 25" w x 67" h (168 x 64 x 106 cm)
Overall Weight	212 lbs (96 kg)	234 lbs (106 kg)
User Weight Capacity	350 lbs (159 kg)	
Pedals/Crank	Morse Taper bottom bracket, dual-sided pedal, extra long 14" pedal straps with inline skate-style clip	
Frame	Custom steel frame	
Electrical	Self-contained power supply, no external power needed. AC adapter is available for an upgrade	
Certification	UL/CSA, CE, FCC, or CISPR	
Colors	Frame: Star Trac Silver, Shrouds: Slate Gray, Accents: Black	
HR Monitoring	Polar® Telemetry and Contact Heart Rate System	
Resistance	20 levels of intensity	
Display	Intuitive, tactile response keypad with LED technology	
Programs	10 programs including Dynamic Heart Rate Control®, Constant Heart Rate Control, Quick Start, Manual, Burn Calories, Increase Endurance, Burn Fat, Calorie Goal, Distance Goal, Fitness Test	
Readouts	4-character message window, Dedicated: Time, RPM, distance, heart rate, motivational track, course profile, resistance level, Scrolling: Calories/METs (automatic toggle)	
Standard Features	Personal cooling fan, dedicated heart rate display, easy ratchet seat adjust, rubber comfort racing position, oversize font on display, and CSAFE data port.	
Entertainment	Pre-wired for S Series entertainment system	S Series PVS entertainment system which includes 15.6" (39.6 cm) high definition LCD screen, NTSC/ATSC/QAM digital tuner or PAL/SECAM tuner, integrated 30-pin iPod® connector, coaxial cable connector at base

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