

# CORE

## HEALTH & FITNESS

2017 PRODUCT CATALOG | 2017 PRODUCT CATALOGUE

 **STAR TRAC**  **StairMaster**  **NAUTILUS**  **SCHWINN**

CORE HEALTH & FITNESS



## A CYCLE OF EXCELLENCE.

20 years ago, Schwinn® launched a phenomenon with the first production bike designed specifically for indoor cycling. The bike set the standard for an entire industry - a standard that we've raised with each Schwinn innovation. Today, Schwinn bikes remain in a class by themselves. Our latest product line is a reflection of our renewed energy and continued commitment to intelligent design, quality manufacturing and authentic riding experiences. So take a look and see why the most demanding fitness enthusiasts in the world ride Schwinn.





**SCHWINN®**

## **GROUP CYCLE**

For **Schwinn®**, the ride started more than a century ago with outdoor cycling. When we moved to the indoor cycling studio, **we brought the feel of the road with us**. Today, we bring the industry more than great bikes, we bring expertise and education that drive it forward. **The best part is, we don't plan on slowing down anytime soon.**

**THE CYCLE OF  
EXCELLENCE CONTINUES**



## SCHWINN® PRODUCTS

AC Performance Plus™

AC Sport™

IC Pro20™

MPower™ Echelon2™

Cadence Pro™



# INNOVATION, UNCHAINED.

The future of indoor cycling has arrived.

## CARBON BLUE™

A belt drive system combining unmatched durability with the authentic outdoor biking feel you expect from Schwinn.



### REAL BIKE FEEL

Toothed belt provides the authentic cycling feel of a Schwinn®



### VIRTUALLY ZERO MAINTENANCE BELT

No lubrication, stretching or adjustments



### GUARANTEED DURABILITY

Carbon fiber infused belt backed by a 5-year warranty



## AC Performance Plus™ with Carbon Blue™

Model 100179

**Product Dimensions** - 54" L x 21" W x 51" H (137 cm x 53 cm x 130 cm)

**Product Weight** - 102 lb(46 kg)

**Max User Weight** - 300 lb(136 kg)

**Frame Finish** - Aluminum

**Frame Color** - Pearl White

**Seat Slider, Handlebars, Hardware Materials** - Aluminum

**Drive System** - Carbon Blue™ Belt Drive Technology

**User Compatible Size Range** - Typically 4'11" to 6'8" (150 cm to 203 cm) tall

**Console Options** - MPower Echelon2 or Cadence Pro (sold separately)

**Pedal Options** - Triple Link™ pedals - (compatible to accommodate Look Delta and SPD style cleats ) or Standard with Double Link pedals - (SPD and toe-clip combinations)

- Performance Plus™ handlebars support all rider needs, from comfort to high-performance
- Magnetic resistance brake allows for smooth, consistent control
- Schwinn® Fit System enables versatile seat and handlebar adjustments for refined positioning



## AC Sport™ with Carbon Blue™

Model 100180

**Product Dimensions** - 50" L x 20" W x 50" H (127 cm x 51 cm x 127 cm)

**Product Weight** - 126 lb(57 kg)

**Max User Weight** - 300 lb(136 kg)

**Frame Finish** - Zinc-plated Steel Frame Construction

**Frame Color** - Deep Silver

**Seat Slider, Handlebars, Hardware Materials** - Stainless steel plated slider and posts

**Drive System** - Carbon Blue™ Belt Drive Technology

**Smart Release™** - Optional

**User Compatible Size Range** - Typically 4'11" to 6'8" (150 cm to 203 cm) tall

**Console Options** - MPower™ Echelon2 or Cadence Pro™ (sold separately)

**Pedal Options** - Triple Link™ pedals - (compatible to accommodate Look Delta and SPD style cleats) or Standard with Double Link pedals - (SPD and toe-clip combinations)

- Sport handlebars support all rider needs, from comfort to high-performance
- Magnetic resistance brake allows for smooth, consistent control
- Schwinn® Fit System enables versatile seat and handlebar adjustments for refined positioning

AUTHENTIC CYCLING **PERFORMANCE+PLUS™**



## AC Performance Plus™

Model 100178

**Product Dimensions** - 54" L x 21" W x 51" H  
(137 cm x 53 cm x 130 cm)

**Product Weight** - 102 lb(46 kg)

**Max User Weight** - 300 lb(136 kg)

**Frame Finish** - Powder Coated Aluminum

**Frame Color** - Pearl White

**Seat Slider, Handlebars, Hardware Materials** - Aluminum

**Drive System** - Chain drive using forged steel crank and ISIS oversized bottom bracket

**User Compatible Size Range** - Typically 4'11" to 6'8"  
(150 cm to 203 cm) tall

**Console Options** - MPower Echelon2 or Cadence Pro

**Pedal Options** - Triple Link™ pedal - (compatible to accommodate Look Delta and SPD style cleats ) or Standard with Double Link pedal - (SPD and toe-clip combinations)

- Performance Plus™ handlebars support all rider needs, from comfort to high-performance
- Magnetic resistance brake allows for smooth, consistent control
- Schwinn® Fit System enables versatile seat and handlebar adjustments for refined positioning

AUTHENTIC CYCLING **SPORT™**



## AC Sport™

Model 100176

**Product Dimensions** - 50" L x 20" W x 50" H  
(127 cm x 51 cm x 127 cm)

**Product Weight** - 115 lb(52 kg)

**Max User Weight** - 300 lb(136 kg)

**Frame Finish** - E-Coated & Powder Coated Steel

**Frame Color** - Deep Silver

**Seat Slider, Handlebars, Hardware Materials** - Stainless steel plated slider & posts

**Drive System** - Chain drive using forged steel crank and ISIS oversized bottom bracket

**User Compatible Size Range** - Typically 4'11" to 6'8"  
(150 cm to 203 cm) tall

**Console Options** - MPower Echelon2 or Cadence Pro

**Pedal Options** - Triple Link™ pedal - (compatible to accommodate Look Delta and SPD style cleats ) or Standard with Double Link pedal - (SPD and toe-clip combinations)

- Sport handlebars support all rider needs, from comfort to high-performance
- Magnetic resistance brake allows for smooth, consistent control
- Schwinn® Fit System enables versatile seat and handlebar adjustments for refined positioning

INDOOR CYCLING **PRO20™**



## IC Pro20™

Model 100182

**Product Dimensions** - 50" L x 20" W x 48" H  
(127 cm x 51 cm x 112 cm)

**Product Weight** - 114 lb(52 kg)

**Max User Weight** - 350 lb(159 kg)

**Frame Finish** - E-Coated & Powder Coated Steel

**Frame Color** - Satin Black

**Seat Slider, Handlebars, Hardware Materials** - Stainless Steel

**Drive System** - Chain drive using forged steel crank and ISIS oversized bottom bracket

**User Compatible Size Range** - Typically 4'11" to 6'8"  
(150 cm to 203 cm) tall

**Console Options** - Cadence Pro

**Pedal Options** - Triple Link™ pedal - (compatible to accommodate Look Delta and SPD style cleats ) or Standard classic flat pedals with cages

- Classic handlebar design with integrated water bottle holder
- Trapezoidal seat and handlebar design for rock-solid performance
- Perimeter-weighted flywheel with dual-pad brake technology

## MPOWER™ ECHELON2 CONSOLE



### MPOWER™ Echelon2™ Console

Console Kit Model: 740-8727

Optional Power Kit Model: 740-8730

Console with Power: 740-8941

External Wiring Kit: 740-8875

Console with Power and External Wiring Kit: 740-8942

Console with External Wiring Kit: 740-8940

**Console Dimensions** - 7.1"L x 3"W x 1.9"H (18cm x 7.7cm x 4.8cm)

**Display Dimensions** - 1.7"L x 3.7"W (4.5cm x 9.4cm)

**Display** - LCD with button-activated backlight

**Power** - 2 C-Batteries

**Gear** - 1-36

**Compatibility** - Compatible with Schwinn® A.C.™ Series Bikes

**Measurements Displayed** - Power (WATTS), RPM (Cadence), Cal (Calories), Gear (Optional Setting) Heart Rate (When paired with compatible heart rate monitor) TOTAL (Time, Distance, AVG/MAX Power), Stage(Time, Distance, AVG/MAX Power)

- Large, easy-to-read display with all measurements on one screen
- All-new Power Measurement Technology is our best performing system ever
- Multiple options for tracking rider workouts, including Wireless ANT+ and USB
- Compatible with AC Performance Plus, AC Sport and AC Performance

## CADENCE PRO™ CONSOLE



### Cadence Pro™ Console

Model 740-8803

**Console Dimensions** - 5"L x 2.5"W x 1.5"H (11cm x 6.4cm x 2.5cm)

**Case Color** - Black

**HR Monitoring** - 5kHz (Polar) and ANT+

**Compatibility** - Compatible with IC Pro20 and AC Model Schwinn® Bikes

**Measurements Displayed** - RPM (Cadence), AVG RPM (Average Cadence), Ride Time, KCal (Calories), Distance, Heart Rate (When paired with a compatible Heart Rate monitor, % of MAX Heart Rate, and AVG Heart Rate)

**Power** - Self-contained power supply. 3 AAA batteries (for computer) and 1 lithium ion (for cadence sensor). Batteries included.

- Compatible with all IC Pro20 and AC bikes to give your riders the best results
- Includes user-friendly features like heart rate monitoring, summary displays and modes for personalizing data



## TRAINING & PROGRAMMING

Schwinn® has come a long way since building the first cycling bike. Today, in addition to manufacturing premium cycling equipment, we are a global organization of passionate Schwinn Master Trainers who educate thousands of instructors around the world every year. The bikes in your cycling room are only as good as the instructors who teach on them, that's why we are committed to developing cutting-edge programming and providing tools that can help any instructor elevate their class experience.



# GET CERTIFIED.

FOR MORE INFORMATION VISIT [COREHANDF.COM/CERTIFICATION](https://www.corehandf.com/certification)